

THE
ORIGINAL
BARE BUNS FUN RUN



LAST	FIRST	INITIAL	AGE ON 7/26/09
MAILING ADDRESS _____ (AREA CODE + TELEPHONE) _____ MALE <input type="checkbox"/> FEMALE <input type="checkbox"/>			
CITY	STATE OR PROV.	ZIP CODE	COUNTRY E-MAIL
BBFR ALUMNI <input type="checkbox"/> WHEELCHAIR <input type="checkbox"/> <u>Note: Team Entries require separate Team Entry Form (no charge)</u>			
INDICATE IF YOU WILL BE RUNNING NUDE. YOU MAY CHANGE YOUR MIND LATER IF YOU WISH. YES NO MAYBE			

- ENTRY FEE: non-refundable Circle T-shirt size: S M L XL -----> **\$18.00**
- LATE ENTRY FEE: (Add **\$10.00** if entry not postmarked by July 1) -----> _____
- XXL T-SHIRTS + **\$2.00** -----> _____
- BBFR NON-FINISHER T-SHIRTS - **\$15.00** X _____ Number Of Shirts -----> _____
- Indicate number desired in each size S _____ M _____ L _____ XL _____
- SIZE XXL NON-FINISHER T-SHIRTS - **\$17.00** X _____ Number of shirts -----> _____
- SATURDAY THROUGH SUNDAY CAMPING FEE - **\$20.00/person** (Under 12 free) -----> _____
- FRIDAY THROUGH SUNDAY CAMPING FEE - **\$30.00/person** (Under 12 free) -----> _____
- 6 DAY CAMPING PACKAGE INCLUDING BBFR WEEKEND - **\$60.00/person** (Under 12 free) -----> _____
- TENT _____; RV TYPE _____ SIZE _____ ARRIVAL DATE _____
- ADDITIONAL ELECTRIC/WATER HOOKUP FEE **\$5.00/day** X _____ days -----> _____
- Friday Night Supper **\$8.00/person** X _____ persons -----> _____
- Sat. breakfast **\$6.00/person** X _____ persons; Sat. lunch **\$6.00/person** X _____ persons -----> _____
- SAT. NIGHT CARBO LOAD **\$10.00/Adult** X _____ Adults; **\$4.00/Child (under 12)** - - - X _____ -----> _____
- Sunday breakfast **\$6.00/person** X _____ persons -----> _____

Make Check or Money Order Payable To: BBFR - PO BOX 9312 - Spokane, WA – 99209 **TOTAL** _____

E-mail – BBFR5K@aol.com - Phone/Fax **509-327-6833 (NUDE)** - Web Page - <http://www.kaniksufamily.com>

See website, e-mail, write or call for information on and on reservation/refund/cancellation policy.

WAIVER - I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume any and all risks, be they physical or emotional, associated with running this event including but not limited to; falls, contact with other participants, the effects of weather such as heat/ or humidity, photographs being taken, and the conditions of the roads, all such risks being known and appreciated by me. Knowing these facts and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Kaniksu Ranch and its officers, agents, race officials, volunteers, employees, assigns, or anyone acting for or on their behalf, for any and all claims of liability for death, any injury or damage(s) of any kind or nature whatsoever, arising out of or in the course of my participation in this event. This release and waiver extends to all claims of any kind and nature whatsoever, foreseen or unforeseen, known or unknown. I agree to return the timing transponder and its attachment device to an appropriate race official after the race. If I fail to do so, I agree to pay \$95 to replace the timing transponder and attachment device.

Applications for minors will be accepted **ONLY** with a parent's signature.

Entrant _____ Parent's Signature _____
 (Signature) (If Entrant is under Age 18)

Entries submitted without signature (s) and payment **WILL NOT** be processed - Entry Fees & Race Numbers are **NON-TRANSFERABLE**

032409

DO NOT WRITE IN THIS SPACE: DATE CHECK / M.O. GROUP RACE NO.

The 'Original' Bare Buns Fun Run - July 26, 2009



CLOTHING OPTIONAL: The 'Original' Bare Buns Fun Run is sponsored by Kaniksu Ranch Family Nudist Park. (See location map) "Clothing Optional" means it is your option! You don't have to run nude. However, this race will have many nude participants and officials.

NO CAMERAS, VIDEO CAMS OR ANY DIGITAL IMAGING DEVICE: Unauthorized equipment will be confiscated.

COURSE DESCRIPTION AND TIMING: This is a 5-K, wheel-measured course over a pressed gravel road through a forested area. It is out and back, generally sloping down outbound and uphill on the return. A split start, on separate roads, is used for the first 1/8 mile. Times are called at 1 and 2 miles out, and 1/2 mile from finish. We will be using chip timing.

AGE GROUPS: (*5 & under) (6 - 14) (15 - 17) (18 - 24) (25 - 29) (30 - 34) (35 - 39) (40 - 44) (45 - 49) (50 - 54) (55 - 59) (60 - 64) (65 - 69) (70 & over) * See AWARDS section.

AWARDS: Overall male and female winners will be awarded first through third place. First through third place awards will be awarded in each age group, both male and female. Overall winners will not be eligible for age group awards. * **Note: All finishers, five years of age and younger, will be awarded a finisher ribbon only.**

T-SHIRTS: Runners will be directed to one of two T-shirt distribution areas after crossing the finish line. Nude finishers will receive the prized "NUDE FINISHER" shirt. All others will receive a "FINISHER" shirt. **To assist with T-shirt ordering, please indicate whether or not you intend to run nude.** This choice is non-binding. Non-finisher event shirts will be available for purchase, to both participants and guests.

RACE PACKETS AND BIBS: Race packets and bibs will be issued at Kaniksu Ranch beginning Tuesday, July 21 (hours will be posted on the BBFR Registration Shack). **Note: There will be no mailing of race packets.** Each registrant picking up their packet will be given a special 25th Running pin.

WATER AND AID STATIONS: Water stations are located on the race course with a post race beverage station at the finish line. Stevens County Fire District #1, Station 2 and the Deer Park Ambulance Service provide emergency medical aid.

MEALS AND DANCE: Meals will be available at Kaniksu Ranch throughout the race weekend. A no cover charge dance will be held following the Saturday night Carbo Load. All runners and guests of Kaniksu Ranch are invited. **NOTE: This dance is not open to the general public.**

START TIME: SUNDAY, JULY 26, 2009 - 9:30 A.M. **(NOTE) Road to Kaniksu is closed at 9:00 A.M.**

ENTRY FEES: Postmarked **No later** than July 1 - (\$18.00) Postmarked July 2 and later - (\$28.00)
NOTE: A parent or guardian must accompany runners under 18 years of age.

GATE COMBINATION: The gate combination is **2-0-0-9** for the race week.

BBFR INFORMATION: Please call **509-327-NUDE (6833)** for room or site information, or e-mail any questions to **BBFR5K@aol.com**. Entry fee is non-refundable. Other fees are non-refundable after July 20, 2009.

AFFILIATIONS: *USA Track & Field sanctioned and part of the Trail Runners Trophy Series. Part of the Buns Across The Border 3-way race series along with Wreak Beach Bare Buns Run and Fraternity Snoqualmie's Bare Buns Fun Run West. This year BBFR is the final race of the series and the Buns Across The Border medals will be given out during the awards ceremony.*

TEAM CHALLENGE: Field a team at no additional charge. The winning team will receive a trophy. Details are available at **www.kaniksufamily.com** or e-mail **BBFR5K@aol.com**.